

The National Harbor Chapter of Jack and Jill of America, Inc. and the Prince George's County Council present...

Speakers:

- ✓ **Megan Nechanicky**, President's Council on Fitness, Sports & Nutrition, Department of Health & Human Services
- ✓ **Lenny Eliason**, President, National Association of Counties (NACo) MPA Athens County Commissioner
- ✓ **Tara Joseph-Labrie**, National President, Jack and Jill of America, Inc.
- ✓ **Dr. Joshua M. Sharfstein (invited)**, Secretary, Maryland Department of Health & Mental Hygiene
- ✓ **Dr. Rovenia M. Brock**, aka Dr. Ro, an award-winning health journalist and TV personality known for her easy-to-apply diet, fitness, and health tips for women and families. A leading nutrition coach for more than two decades, she was recently named by *More* magazine as one of America's top-five nutritionists. She holds a Ph.D. in Nutritional Sciences from Howard University and is author of "Dr. Ro's Ten Secrets to Livin' Healthy" (Bantam) – a best-seller praised as a top-10 diet book by *USA Today*.

Health



The Prognosis of Prince George's County



SATURDAY, OCTOBER 1, 2011 9 A.M. – 3 P.M.

PRINCE GEORGE'S COMMUNITY COLLEGE RENNIE FORUM

FREE and Open to the Public (an opportunity for 3-minute public comment)

SEATING IS LIMITED!

Register today at <http://healthcheck2011.eventbrite.com>



Council Chair
Ingrid Turner

